



**BESANT WOMEN'S COLLEGE**  
(Sponsored by Women's National Education Society)  
Kodialbail, Mangaluru



## ***CRITERION 7***

### ***7.3.1***

#### ***Institutional Distinctiveness***





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**(Sponsored by Women's National Education Society)**

**Kodialbail, Mangaluru**

**Reaccredited by the NAAC and Affiliated to Mangalore University**

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**Criterion 7 - Institutional Values and Best Practices**  
**Key Indicator-7.3**

**Metric 7.3.1(Q1M): Institutional Distinctiveness**

**List of Supporting Enclosure**

Sl. No.	Particulars
1.	Reports and photos related to Institutional Distinctiveness

**Window to Home Science' Certificate course activities**

Resource Person: Mrs. Prathibhamani Devi

Chocolate Making (12-08-2017)



Cake Preparation (6-01-2018)



Biscuit Preparation (13-01-2018)



Pizza Preparation (3-02-2018)



## 2018-Chocolate making



## 2019-chocolate making





## Beautician Training

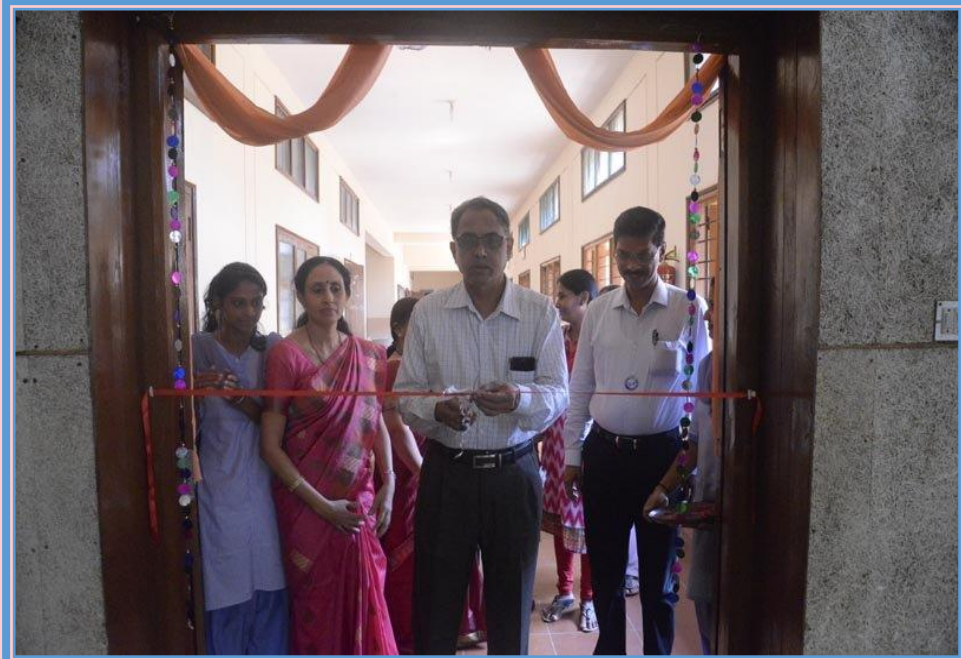


## Flower Arrangement Training





## EDP Cell Activities- Exhibition cum sale of jewellery and other handicrafts



## **EDP Cell Activities-2017**

January 15, 2018

This cell functions under the guidance of Mrs.Ranjini, Lecturer in Secretarial Practice, assisted by Ms. Prathiksha of IIB.A. The members of the cell were trained on different entrepreneurial skills like Ceramic Art, Silk thread jewellery making, Japanese art 'Shibori', Tie & Dye, Liquid Embroidery, Stencil art, Sparkling art, Pot decoration, Doll making etc. The workshop on various stitches of liquid embroidery was organised in association with Fevicryl, Pidilite Industries Ltd. Mrs. Pushpanjali, Mrs. Arathi Mallya, Mrs. Harina Rao, Ms. Malavika and Mrs.Visharadha were the resource persons. 'Wealth out of waste' competition was conducted by the cell to exhibit their creativity. The cell is planning to organise exhibition cum sale of various items prepared by the members in order to encourage the budding entrepreneurs of our college.





## Inauguration of "Kaushalya Showcasing of Skills"- Women's Cell

March 9, 2018

Location: A. V. Room, Besant Women's College, Mangalore. The exhibition of hand made jewellery and other handy crafts was inaugurated on March 9<sup>th</sup> 2018. Mrs. Harina Rao, Chairperson of Small-Scale Industries, Yeyyadi, inaugurated the exhibition.



**Certificate course on Tailoring: Innovation Club 2019-2020**

October 1, 2019

The club started 'Certificate course on Tailoring' from October 1, 2019 onwards. The classes were conducted by Ms. Deekshitha, alumni of our college. It is a course of three months which trains the students to take measure, cut and stitch saree petticoats, salwars, bags and saree blouses.



**Skill Development Programme by Women's Cell -2021  
March 6, 2021**

Under the Skill Development Programme, the Women's Cell of our college organised training programme from March 6, 2021 onwards, on making of artificial jewellery, quilling, quilt making, fabric jewellery, crafts etc. Mrs. Harina Rao was the resource person.





## **Inauguration of "Besant Skill Development Centre" - Innovation Club**

**September 12, 2018**

Besant Skill development centre was inaugurated on 12<sup>th</sup> Sept 2018 by Sri Kudpi Jagdish Shenoy, President of WNES. Sri Manel Annappa Nayak, Vice President of WNES, Sri Devanand Pai, Correspondent, Sri Sadashiv Shetty, President of PTA were present. The Principal Dr. Sathish Kumar Shetty presided over the function. Uniforms and some other garments will be stitched by the students in the centre under the guidance of old student Ms. Deekshithashree. Convenor of Innovation club Prof. Ranjini welcomed the gathering. Student Secretary Ms. Sowmya proposed vote of thanks and compered the programme. Other members of the club were present.





## Soft Skills Training Programmes







## **Talk on Health and wellness**



## **Guest Lecture on “Manners and Etiquette”- Home Science**



## Meditation and Breathing Exercises





## Yoga Classes





## Yoga competition – First place




Aerobic Fitness Session 2019-2020: Dept of PD and Sports



 **BESANT WOMEN'S COLLEGE**  
Re-Accredited by the NAAC with 'A' Grade  
(Sponsored by Women's National Education Society)  
M. G. Road, Kodialbail, Mangaluru 

**DEPARTMENT OF PHYSICAL EDUCATION & IQAC**  
cordially invites you to **one week**

**FIT INDIA FREEDOM**

 **RUN 2.0**  
MOVE TO BE FIT

**ON THE OCCASION OF NATIONAL SPORTS DAY**  
(29<sup>th</sup> August 2021)  
**From 29<sup>th</sup> August 2021 to 4<sup>th</sup> September 2021**

**RULES**

The concept behind this run is that "It can be run anywhere, anytime!"

- Run a route of your choice, at a time that suits you.
- Break-up your runs.
- Run your own race at your pace.
- Run or Walk (no age limit)
- Track your kms manually or by using any tracking app or GPS watch.

**FREE REGISTRATION** [Click here to Register](#)  
E-certificate will be issued on the last day after filling the feedback form

**Mr. Syed Kahdar** **Ms. Roopathi M** **Dr Sathish Kumar Shetty P**  
IQAC Co-ordinator Physical Education Director Principal



## Adolescent Nutrition awareness programme





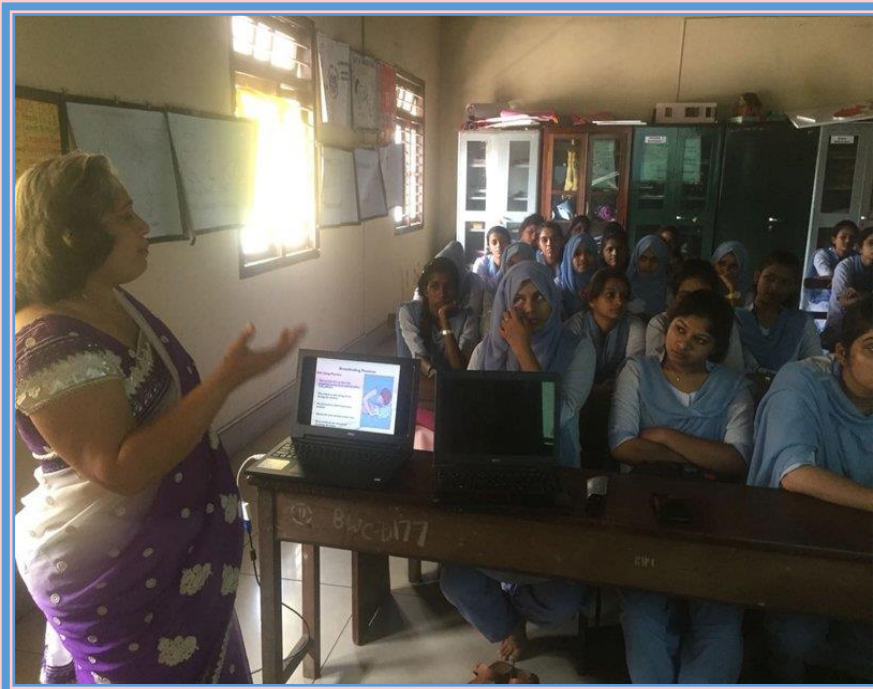
**Talk on health and hygiene 2019: Women's Cell**



**Talk on PCOS-Women's Cell**



## Breast Feeding Awareness Programmes



## Talk on Family Planning





## Walkathon as a part of awareness programme on Sanitation and Mensural hygiene

March 8, 2019

In connection with international women's day celebration Faculty members and students of Department of Sociology participated in the walkathon organised by JCI and NIINE as part of awareness programme about Sanitation and Mensural hygiene on 8th March 2019.



## **Awareness programme on “Menstrual Hygiene”**

**March 8, 2021**

The Women's Cell and Youth Red Cross organised a talk on the topic “Menstrual Hygiene”. Dr. Edweena Philip Monis, HoD in community health nursing, Shri Devi College of nursing was the resource person. The Principal, Dr. Sathish Kumar Shetty graced the occasion. Prof. Jayashri, Convenor of Women's Cell introduced the guest and welcomed the gathering. Prof. Deekshitha, Convenor of Youth Red Cross proposed Vote of Thanks. 40 students were present.



**Anemia in Women: Women's Cell 2019**

**July 13, 2019**

The Women's Cell organised a talk on Anemia in Women on 12th July 2019 in the AV room of the college by Miss. Divya D, Director, M.Sc (Food Science and Nutrition)





## Cancer Awareness Programme: Women's Cell 2019-2020

March 7, 2020

Cancer Awareness Programme: Women's Cell 2019-2020



## **Awareness Programmes on Cancer: Student Council 2021**

November 12, 2021

The student Council of the college in association with Karnataka Cancer Awareness Forum, Mangaluru & Mangalore Institute of Oncology (MIO) organised 'AWARENESS PROGRAMMES ON CANCER' on 12th November 2021 in the college auditorium. Programme was inaugurated by Prof. Yadapadithaya, Vice Chancellor, Mangalore University. Sri. Annappa Nayak, Vice President, WNES was the Guest of Honour for the occasion. Sri Kudupi Jagadish Shenoy, President, WNES presided over the function. Dr. Manjeshwar Shrinath Baliga, Senior Radio Biologist, Mangalore Institute of Oncology (MIO), Dr. Pratheeksha Rai G., Paediatrician, Mangalore and Dr. B Shantharam Baliga, Paediatrician, Kodialbail, Mangalore were the Resource persons





**Explore your Mind- A mind mapping programme: Women's Cell  
2019-2020**

March 11, 2020

Women's cell organised a A mind mapping programme - "Explore Your Mind" on Thursday 11th March, 2020 in the college Auditorium. The resource person was Dr. Furfraz J Hasim, Psychologist, Mind Trainer and Successful Coach, Managing Director of Sadhana Academy, Director of PA Educational Trust. 42 students were present.





**Awareness Programme on prevention of Sexual Harassment: Anti-Sexual Harassment Cell 2022**

January 29, 2022

On 29th January 2022, Anti-Sexual Harassment Cell organized a talk on Prevention of Sexual Harassment. Dr. Kusum, Founder Principal, VIBGYOR, Mangaluru was the resource person.



## **Talk on Stress Management: Women's Cell 2019-2020**

February 15, 2020

The Women's Cell organised a talk on Stress management on 15th February 2020 in the AV room of the college by Mrs. Savithri Rao, HoD, Data Processing.





## Legal awareness Programme





**Workshop on Personal Law for Women and Protection of Domestic Violence Act, 2005:**

**Women's Cell 2019-2020**

**January 25, 2020**

On 25th January 2020, Women's Cell organised a workshop on Personal Law for Women and Protection of Domestic Violence Act, 2005. Resource persons were Ms. Merlyn Martis, Director- Development Education Society, Mangalore and Ms. Harini, Program Coordinator, Urban Research Centre.



## **Talk on “ Atrocities against women”**

**February 13, 2021**

The Women's Cell organised a talk on the topic “Atrocities against women”. Prof. Asha Deepa Nayal, an advocate was the resource person.



**Lecture on "Women Power: The legal Perspective": Dept. Commerce & Dept. of BSc (FND)**

March 14, 2022

An interdepartmental activity was organised by Department of Commerce and Business Administration, Department of Food, Nutrition n Dietetics in association with IQAC on 14th March, 2022 for Final year BCom, BBA and B. Sc. (FND) students. It was a special lecture on "Women Power: The legal Perspective". Resource Person was Ms. Asha Nayak, Senior Advocate, Mangalore





## **Leadership Training Programme**

August 12, 2017

HRD Cell organized a 'LEADERSHIP TRAINING PROGRAMME' to the students' Council members on 12<sup>th</sup> August 2017. The programme was inaugurated by Sri. Devananda Pai Correspondent. Dr. Sathish Kumar Shetty, Principal was the guest of honour. Mr. Dawn Adhithya Prakash, Faculty member & Trainer SDM Post Graduate Centre for Research & Management conducted two sessions on Leadership.



## Outreach programmes (Social Responsibility)















## Green Initiative Programme







**Beach Cleaning**



## Beach Cleaning





## Beach Cleaning





## Beach Cleaning



ಭಾರತ ಸೈಬ್ಲ ಮನ್ಯು ಗೃಹ್ಯ ಕರ್ನಾಟಕ  
ಹಾಗೂ  
ಜಿಲ್ಲಾ ಸಂಸ್ಥೆ ತಾರವಾರ  
ಮಟ್ಟದ ರೋವರ್ಸ್ ರೇಂಜರ್ಸ್‌ಗಳ ಕಡ  
ರಣ ಶಿಬಿರ ಹಾಗೂ ಸ್ವಚ್ಛತಾ ಅಭಿಯಾ  
ದಿನಾಂಕ : 26-02-2022 ರಿಂದ 1-3-2022ರ ವರೆಗೆ  
ಸ್ಥಳ : ಗುರುಭವನ, ಕಾರವಾರ



Majali, Karnataka, India  
V3XW+6VM, Majali, Karnataka 58  
Lat 14.897888°  
Long 74.096498°  
01/03/22 10:37 AM



Karnataka, India  
K.H.B. Colony, Karwar, Karnataka 581  
127°  
2483°  
1:46 PM



## Park Cleaning





## Cleaning work by Rangers



ಶ್ರೀ. ಸೌಜನ್ಯ-ಗೃಹ್ಯ  
ವಿಚಾರ ಹುಟ್ಟುಹಬ್ಬ  
ಕನಾದಿನ ಹಾಗೂ ವಿಶ್ವ  
ರಸೆಯ ಅಂಗವಾಗಿ  
ಕನರಾ ಕಾಲೇಜು,  
ಕನರಾ ಕಾಲೇಜಿನ  
ರೇಂಜರ್ಸ್ ದಳಗಳ  
ಕೊಡಿಯಾಲಬ್ಬಲ್  
ವಿಶ್ವ ಕಾರ್ಯ ಮತ್ತು  
ವಿಶ್ವ ಫಲಕಗಳನ್ನು ಪ್ರದರ್ಶಿಸಿದರು. ಕನರಾ ಕಾಲೇಜಿನ  
ರೇಂಜರ್ಸ್ ಕೆ., ರೇಂಜರ್ಸ್ ನಾಯಕಿ ಧನ್ಯಶ್ರೀ ಮತ್ತು  
ರೇಂಜರ್ಸ್ ನಾಯಕಿ ಲತಾ ಕಾರ್ಯಕ್ರಮದ ನೇತೃತ್ವವೆ





## Cleaning work by Rangers



## Terrace Gardening Demonstration





**Community Service Programme (Helping differently abled children)**



## Book distribution to Primary students



## Uniform distribution to primary students





## **Blood donation camp**



## Food Kit distribution during Covid19





## Free Vaccination camp



**Familiarising with the traditional culture and food**  
**‘Aatida onji koota’**





## Competition on Tradition food preparation



### **Pookalam flower petal Rangoli competition (Onam Celebration)**

August 21, 2018

In connection with Onam, a native festival of Kerala, Department of Sociology organized Pookalam flower petal Rangoli competition on 21<sup>st</sup> August 2018.





## Festival Day 2018-M.Com

August 29, 2018

Festival Day was organised by Department of PG studies in Commerce on 29<sup>th</sup> August 2018.



**Deepavali and Christmas celebration**





**The festival of colours – Holi Celebration**



Navarathri (Dussehra) celebration





## Sports Meet



**'BEQUEST' – Intercollegiate fest**





**Alumni Association conducts variety entertainment  
programme  
&  
Distinction holders are honoured**



## PTA – honour the distinction holders

