

## **Visit to Manipal Museum of Anatomy and Pathology, KMC, Manipal**

A visit to Manipal Museum of Anatomy and Pathology, KMC, Manipal was organised for the students of open elective subject: Diet and Diseases on 14<sup>th</sup> September 2019, by the department of P.G Studies in Food Science and Nutrition, Besant Women's college.

The purpose of the visit was to give more exposure to normal and pathological conditions of human body . The students observed the anatomy section of the museum which houses well-preserved specimens of all parts of a human body with well framed descriptions of various systems of the human body for a better understanding. The students also observed the section on comparative anatomy that comprises of the skeletons of various other animals, and carefully crafted models. The students found the pathology museum of particular interest since it displays diseased body parts and organs. The students also found the section on life-style related diseases, and their impact on the human body interesting . Another section which caught the attention of the students was the teratology section where specimens of various developmental anomalies in developing fetus such as spina bifida, anencephaly, etc were preserved. The well structured and organized museum enabled the students to observe more than 1000 specimens in the museum which helped them strengthen their knowledge on the anatomy of the human body and importance of health and how lifestyle related diseases can increase the mortality rates. The visit helped the students to have a better understanding on the importance of nutrition for proper functioning of the human body and importance of diet and lifestyle modifications to reduce the prevalence of lifestyle related diseases.

