

From ,
Dr. Nagaraj B
Chairperson, BOS in Sanskrit,
Mangalore University,
Mangalagangothri.

Date- 18-10-2021

To,
The Registrar (Academic)
Mangalore University,
Mangalagangothri.

Respected Sir,

Sub: Submission of Syllabus copy of Sanskrit Language UG courses (NEP 2020).
Ref: Your letter dated 12-10-2021 regarding submission of syllabus.

With reference to the above subject, I am herewith submitting the syllabus copy of Sanskrit language for first two semesters of all UG courses for both Ability Enhancement Compulsory Courses (AECC), Open Elective (OE), Discipline Core Courses and Skill Enhancement Courses prepared by the Chairperson, board members and the special invitees for your approval. The syllabus is prepared according to the norms of New Education Policy 2020 and the Curriculum structure report given by the Sanskrit Expert Committee of HEC.

The proposed copy of syllabus is enclosed here with for your kind perusal and needful action.

Thanking you

Yours Sincerely

Dr. Nagaraj B
Chairperson, BOS

Board Members and Special Invitees :

1. Dr. Nagaraj B, Chairperson
Associate Professor,
Sridurga Samskrita Post Graduation Studies
and Research center, Kateel
2. Dr. Ramesh T S, Member
Associate Professor,
Poornaprajna College, Udupi
3. Dr. Yashavanthi K, Member
Assistant Professor, Bhandarkars' College,
Kundapura

4. Dr. Vasumathi Bhat, Member
Associate Professor,
MGM College, Udupi
5. Dr. Shreeshakumar M K, Member
Assistant Professor,
Sri Vivekananda College of Arts, Science and Commerce,
Puttur
6. Sri Krishnaprasad K N, Member
Principal,
Srirama First Grade College, Kalladka, Bantwal
7. Prof. Palayya, Member
Professor,
Karnataka Samskrita University, Bangalore
8. Dr. U. Radhakrishna, Member
Professor, Department of Sanskrit,
Bangalore University, Bangalore
9. Dr. Madhusudhan Bhat, Special Invitee
Principal,
Upendra Pai Memorial College, Udupi
10. Dr. Kumarasubrahmanya Bhat, Special Invitee
Associate Professor,
University College, Mangalore
11. Dr. Manjunath Bhat, Special Invitee
Assistant professor,
Sri Bhuvanendra College, Karkala

MANGALORE UNIVERSITY

SYLLABUS FOR UNDER GRADUATE PROGRAM (UG) SANSKRIT LANGUAGE CURRICULUM FRAMEWORK

**FRAMED ACCORDING TO THE NATIONAL EDUCATION POLICY
(NEP 2020)**

(I & II SEMESTERS)

**Ability Enhancement Compulsory Course (L+T)
TO IMPLEMENT FROM THE ACADEMIC YEAR -2021-22**

FOR ALL COURSES

**BOARD OF STUDIES IN SANSKRIT
MANGALORE UNIVERSITY**

MANGALAGANGOTRI - 574199

MANGALORE UNIVERSITY

Syllabus

For the year 2021-22 and onwards

**Syllabus framed under National Education
Policy -2020**

SANSKRIT LANGUAGE

Ability Enhancement Compulsory Course

BA/B.Sc/B.Com/BSW/BCA/BBA

I & II semesters

Course pattern and scheme of examination for all UG Courses

DR. NAGARAJ B

CHAIRPERSON

BOARD OF STUDIES IN SANSKRIT

MANGALORE UNIVERSITY,

MANGALAGANGOTHRI - 574199

MANGALORE UNIVERSITY
NATIONAL EDUCATION POLICY 2020
ABILITY ENHANCEMENT COMPULSORY COURSES (AECC)
LANGUAGES L+T
Board Of Studies in Sanskrit
SYLLABUS FOR SANSKRIT LANGUAGE
UNDER GRADUATE COURSES
CHOICE BASED CREDIT SYSTEM (CBCS)
SEMESTER SCHEME 2021-22 ONWARDS

I Semester : BA, BSW, HRD, BVA		
Sanskrit Language Paper-1		
Title – Sanskrit Poetry and Grammar		
		Maximum Marks: 100
1	Introduction to Sanskrit Poetry - Selected portions from Sanskrit Poetic Compositions 1. Subhashitasudhanidhi 2. Matsyavataraha 3. Meghapratisandeshaha 4. Sriramagunavarnanam 5. Kailase Vasantaprabhavaha 6. Kautilyaneetihi 7. Shlokachamatkaraha 8. Shraddhatrayavibhagayogaha	45
2	Grammar 1. Identifying Namapadas/ Sarvanamapadas 2. Identifying Kriyapadas and Avyayas 3. Change of Voice 4. Sentence Formation	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination			
1	Translation and Explanation of Shlokas	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Choosing the right Namapada/Sarvanamapada b) Choosing the right Kriyapada c) Change of Voice d) Sentence Formation	15 of 20	15 x 1= 15

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Poetry.
- It intends to give an understanding of literature, through which students will be able to understand the poetic nuances. They develop the ability to use language in a descriptive way.
- This course helps students get to know about Subhashitas, Itihasakavya, Mahakavya, Khandakavya, Bhagavadgeete etc. and the various Chandas used in Sanskrit Poetry.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language and Grammar.
- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sentence Formation, Namapadas, Sarvanamapadas, Avyayas, Kriyapadas and Change of Voice.

Prescribed Textbook:

1. Padyachandrika, Published by Mangalore University Sanskrit Teachers Association

Reference books:

1. (a) Subhashitha Rathna Bhandagaram - Enlarged and Re-edited with sources etc by Narayana Rama Acharya 'Kavyatirtha'
- (b) Subhasithagalu - Kannada Sahitya Parishath
2. Shreemad Bhagavathamahapurana - Bharatha darsana Prakasana
3. Megha Prathisandeshaha - Mandikal Ramashastrri
4. a) The Ramayana of Valmiki - Wasdev Laxman Sastri Pansikar
- b) Shreemad Valmikiramayanam - Bharatha darsana Prakasana
- c) Shreemad Valmikiramayanam - Vidwan N Ranganatha Sharma
5. a) Kumarasambhavam - Mahakavyam of Mahakavi Kalidasa - Acharya Sesaraja Sarma Regmi
- b) Kumarasambhavam - Chaukhambha Sanskrit Granthamala
6. a) Chankya Neethi - Mahabala Seethalabhavi
- b) Complete Chanakya Neethi - Vishwanatha sharma and Igen B
7. Shreemad Bhagavadgeetha - Swamy Ramasukadas
8. Samskritha Vyakarana Sangraha - Vidwan Bailoor Narayana Thantri
9. Roopachandrika - Chaukhambha Sanskrit Pustakalaya

II Semester: BA, BSW, HRD, BVA

Sanskrit Language Paper-2		
Title - Sanskrit Prose and Grammar		Maximum Marks: 100
1	Introduction to Sanskrit Prose – Selected portions from Sanskrit Prose compositions 1. Taittiriyaopanishadi Jeevanamoulyam 2. Samudrollanghanam 3. Yaduvamsharajyaprapthi 4. Lobaha Dukhasya Karanam 5. Shukacharitam 6. Mahashwetasantvanam 7. Anushasanaparva 8. Vyaktiparichayaha : Sri Shankaracharya, Sri Madhvacharya, Sri Ramanujacharya	45
2	Grammar 1. Karakaprakaranam 2. Correction of Sentence Errors 3. Identifying Sandhi 4. Identifying Samasas	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination

1	Translation and Explanation of Gadya	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Identification of Karakas b) Correction of Sentence Errors c) Identification of Sandhi d) Identifying of Samasa	15 of 20	15 x 1=15

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Prose Literature along with Modern Sanskrit Literature.
- It intends to give an understanding of literature, through which students will be able to understand and interpret the Sanskrit Texts.
- Texts from Ramayana, Mahabharata, Upanishad, Panchatantra, Kadambari etc along with the life

histories of Sri Shankaracharya, Sri Madhwacharya, Sri Ramanujacharya are also introduced to enrich the imaginative and creative abilities of the students.

- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language and Grammar.
- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sandhis, Samasas, Karakas and Correction of Errors.

Prescribed Textbook:

1. Gadyachandrika, Published by Mangalore University Sanskrit Teachers Association

Reference books:

- | | | |
|----------------------------|---|---|
| 1. Upanishad Bhavadhare | - | Somanathananda |
| 2. Divyaramayanam | - | Swami Apoorvananda |
| 3. Yaduvamsharajyapraapthi | - | Jagguvakualabhushana |
| 4. Panchathantram | - | Vishnusharma |
| 5. a) Kadambari | - | Bannanje Govindacharya |
| b) Kadambari | - | Banabhatta |
| 6. Bharathasangraha | - | Lakshmanasoori |
| 7. Bharathiyadarsana | - | Dr K Krishnamurthy and N. Ranganatha Sharma |

MANGALORE UNIVERSITY
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ABILITY ENHANCEMENT COMPULSORY COURSES (AECC)
LANGUAGES L+T
Board Of Studies in Sanskrit
SYLLABUS FOR SANSKRIT LANGUAGE
UNDER GRADUATE COURSES
CHOICE BASED CREDIT SYSTEM (CBCS)
SEMESTER SCHEME 2021-22 ONWARDS

I Semester : BCom		
Sanskrit Language Paper-1		
Title – Sanskrit Poetry and Grammar		
		Maximum Marks: 100
1	Introduction to Sanskrit Poetry - Selected portions from Sanskrit Poetic Compositions 1. Sooktimuktavalihi 2. Satyaannasti Param Padam 3. Vidhuraneetihi 4. Kiraatarjuniyam 5. Indramanmathayohu Samvadaha 6. Srikrishnaleelaha 7. Chitrakavyam 8. Meghadhootam	45
2	Grammar 1. Identifying Namapadas/ Sarvanamapadas 2. Identifying Kriyapadas and Avyayas 3. Change of Voice 4. Sentence Formation	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination			
1	Translation and Explanation of Shlokas	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Choosing the right Namapada/Sarvanamapada b) Choosing the right Kriyapada c) Change of Voice d) Sentence Formation	15 of 20	15 x 1= 15

Learning Outcomes:

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- This course helps students get to know about Subhashitas, Ramayana, Mahabharatha, Mahakavya, Khandakavya etc. and the various Chandas used in Sanskrit Poetry.
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- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language and Grammar.
- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sentence Formation, Namapadas, Sarvanamapadas, Avyayas, Kriyapadas and Change of Voice.

Prescribed Textbook:

1. Padyaprasoonam, Published by Mangalore University Sanskrit Teachers Association

Reference books:

1. (a) Subhashitha Rathna Bhandagaram - Enlarged and Re-edited with sources etc by Narayana Rama Acharya 'Kavyatirtha'
- (b) Subhasithagalu - Kannada Sahitya Parishath
2. a) The Ramayana of Valmiki - Wasdev Laxman Sastri Pansikar
- b) Shreemad Valmikiramayanam - Bharatha darsana Prakasana
- c) Shreemad Valmikiramayanam - Vidwan N Ranganatha Sharma
3. Shreemanmahabharatha - Bharatha darsana Prakasana
4. a) Kiratarjuniyam of Mahakavi Bharavi - Acharya Sesaraja Sarma Regmi
- b) Kiratarjuniyam : Mallinatha Vyakhyasametham – G. Vishnumurthi Bhat
5. a) Kumarasambhavam- Mahakavyam of Mahakavi Kalidasa - Acharya Sesaraja Sarma Regmi
- b) Kumarasambhavam - Chaukhambha Sanskrit Granthamala
6. Shrikrishnakarnamrutham – Leelashukaha
7. a) Meghadootham Vyakhyasametham – Mangalore University Sanskrit Teacher's Association
- b) Meghadootham - Chaukhambha Sanskrit Granthamala
8. Samskrita Vyakarana Sangraha - Vidwan Bailoor Narayana Thantri
9. Roopachandrika - Chaukhambha Sanskrit Pustakalaya

II Semester: BCom

Sanskrit Language Paper-2
Title - Sanskrit Prose and Grammar

Maximum Marks: 100

1	Introduction to Sanskrit Prose – Selected portions from Sanskrit Prose compositions 1. Dharmanushasanam 2. Jatayuprasangaha 3. Apareekshya Na Kartavyam 4. Gograhanam 5. Birabalatanasenayohu Pariksha 6. Kapinjalasyopadeshaha 7. Chikago Upanyasaha 8. Vyaktiparichayaha : Sri Shankaracharya, Sri Madhvacharya, Sri Ramanujacharya	45
2	Grammar 1. Karakaprakaranam 2. Correction of Sentence Errors 3. Identifying Sandhi 4. Identifying Samasas	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination

1	Translation and Explanation of Gadya	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Identification of Karakas b) Correction of Sentence Errors c) Identification of Sandhi d) Identifying of Samasa	15 of 20	15 x 1=15

Learning Outcomes:

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Reference Books:

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| 1. Upanishad Bhavadhare | - | Somanathananda |
| 2. Gadya Ramayanam | - | Shivadatha Thripatee |
| 3. Panchathantram | - | Vishnusharma |
| 4. Bharathasangraha | - | Lakshmanasoori |
| 5. a) Kadambari | - | Bannanje Govindacharya |
| b) Kadambari | - | Banabhatta |
| 6. Swami Vivekananda | - | Ramakrishnashrama |
| 7. Bharathiya Darshana | - | Dr. K Krishnamurthy and N. Ranganatha Sharma |

MANGALORE UNIVERSITY
NATIONAL EDUCATION POLICY 2020
ABILITY ENHANCEMENT COMPULSORY COURSES (AECC) LANGUAGES L+T
Board Of Studies in Sanskrit
SYLLABUS FOR SANSKRIT LANGUAGE
UNDER GRADUATE COURSES
CHOICE BASED CREDIT SYSTEM (CBCS)
SEMESTER SCHEME 2021-22 ONWARDS

I Semester : BSc, BSc/FND, BHS, BFD, BID, BHM, BSA, BFT, BCS		
Sanskrit Language Paper-1		
Title – Sanskrit Poetry and Grammar		
		Maximum Marks: 100
1	Introduction to Sanskrit Poetry - Selected portions from Sanskrit Poetic Compositions 1. Saduktikarnamrutam 2. Devaha Manusharopena Charanti 3. Sandarshanam Lokaguroho Amogham 4. Meghasandeshaha 5. Parvatyaha Ugram Tapaha 6. Vidhuraneetihi 7. Chitrasamskrutam 8. Pajakavarnanam	45
2	Grammar 1. Identifying Namapadas/ Sarvanamapadas 2. Identifying Kriyapadas and Avyayas 3. Change of Voice 4. Sentence Formation	15
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Scheme of Examination			
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Prescribed Textbook:

1. Padyavaibhavam, Published by Mangalore University Sanskrit Teachers Association

Reference books:

1. (a) Subhashitha Rathna Bhandagaram - Enlarged and Re-edited with sources etc by Narayana Rama Acharya 'Kavyatirtha'
- (b) Subhasithagalu - Kannada Sahitya Parishath
2. a) The Ramayana of Valmiki - Wasdev Laxman Sastri Pansikar
- b) Shreemad Valmikiramayanam - Bharatha darsana Prakasana
- c) Shreemad Valmikiramayanam - Vidwan N Ranganatha Sharma
3. a) Kiratarjuniyam of Mahakavi Bharavi - Acharya Sesaraja Sarma Regmi
- b) Kiratarjuniyam Mallinatha Vyakhyasametham – G. Vishnumurthi Bhat
4. Meghadootha- Ondu Haleya Kathe - M S Krishnamurthy
5. a) Kumarasambhava :Mahakavyam of Mahakavi Kalidasa - Acharya Sesaraja Sarma Regmi
- b) Kumarasambhavam - Chaukhambha Sanskrit Granthamala
6. a) Viduraneethihi - Jagannath Shastri Hosinga and Anantharam Shastri Vethala
- b) Shreemanmahabharatha - Bharatha darsana Prakasana
- c) Viduraneethihi - Dr. B.S. Ramakrishna Rao
7. Theerthaprabandhaha - Vyasankere Prabhanjanacharya
8. Samskritha Vyakarana Sangraha - Vidwan Bailoor Narayana Thantri
9. Roopachandrika - Chaukhambha Sanskrit Pustakalaya

II Semester: BSc, BSc/FND, BHS, BFD, BID, BHM, BSA, BFT, BCS

Sanskrit Language Paper-2		
Title - Sanskrit Prose and Grammar		Maximum Marks: 100
1	Introduction to Sanskrit Prose – Selected portions from Sanskrit Prose compositions 1. Snatakopadeshaha 2. Seetasvayamvaraha 3. Gadayuddham 4. Chandrabhoopatihi 5. Rajyashreepraptihi 6. Vineetaha Upamanyuhu 7. Shantiparva 8. Vyaktiparichayaha : Sri Shankaracharyaha, Sri Madhvacharyaha, Sri Ramanujacharyaha	45
2	Grammar 1. Karakaprakaranam 2. Correction of Sentence Errors 3. Identifying Sandhi 4. Identifying Samasas	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination

1	Translation and Explanation of Gadya	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Identification of Karakas b) Correction of Sentence Errors c) Identification of Sandhi d) Identifying of Samasa	15 of 20	15 x 1=15

Learning Outcomes:

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- Texts from Ramayana, Mahabharatha, Upanishad, Panchatantra, Harshacharite etc along with the life histories of Sri Shankaracharya, Sri Madhwacharya, Sri Ramanujacharya are also introduced to enrich the imaginative and creative abilities of the students.
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Reference books:

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| 1. Upanishad Bhavadhare | - | Somanathananda |
| 2. Gadya Ramayanam | - | Shivadatha Thripatee |
| 3. Gadya Bharatam | - | Shivadatha Thripatee |
| 4. Panchathantram | - | Vishnusharma |
| 5. Mahakavi Banabatta virachitam Harshacharitham | - | Shree Jaganatha Patakaha |
| 6. Bharathasangraha | - | Lakshmanasoori |
| 7. Shreemanmahabharatha | - | Bharatha darsana Prakasana |
| 8. Bharathiya Darshana | - | Dr. K Krishnamurthy and N. Ranganatha Sharma |
| 9. Samskritha Vyakarana Sangraha | - | Vidwan Bailoor Narayana Thantri |

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NATIONAL EDUCATION POLICY 2020
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SEMESTER SCHEME 2021-22 ONWARDS

I Semester : BBA		
Sanskrit Language Paper-1		
Title – Sanskrit Poetry and Grammar		
		Maximum Marks: 100
1	Introduction to Sanskrit Poetry - Selected portions from Sanskrit Poetic Compositions 1. Subhashitani 2. Guhasamagamaha 3. Meghapratisandeshaha 4. Bhajagovindam 5. Kalidasasya Namrata 6. Chanakyaneetihi 7. Anyoktayaha 8. Yakshaprashnaha	45
2	Grammar 1. Identifying Namapadas/ Sarvanamapadas 2. Identifying Kriyapadas and Avyayas 3. Change of Voice 4. Sentence Formation	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination			
1	Translation and Explanation of Shlokas	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Choosing the right Namapada/Sarvanamapada b) Choosing the right Kriyapada c) Change of Voice d) Sentence Formation	15 of 20	15 x 1= 15

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Poetry.
- It intends to give an understanding of literature, through which students will be able to understand the poetic nuances. They develop the ability to use language in a descriptive way.
- This course helps students get to know about Subhashitas, Itihasakavya, Mahakavya, Khandakavya, Chanakyaneeeti, Bhajagovindam etc. and the various Chandas used in Sanskrit Poetry.
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- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sentence Formation, Namapadas, Sarvanamapadas, Avyayas, Kriyapadas and Change of Voice.

Prescribed Textbook:

1. Padyasopanam, Published by Mangalore University Sanskrit Teachers Association

Reference books:

1. a) Subhashitha Rathna Bhandagaram - Enlarged and Re-edited with sources etc by Narayana Rama Acharya 'Kavyatirtha'
- b) Subhasithagalu - Kannada Sahitya Parishath
2. a) The Ramayana of Valmiki - Wasdev Laxman Sastri Pansikar
- b) Shreemad Valmikiramayanam - Bharatha darsana Prakasana
- c) Shreemad Valmikiramayanam - Vidwan N Ranganatha Sharma
3. Megha Prathisandeshaha - Mandikal Ramashastry
4. Bhajagovindam - Chakravarthi Rajagopalacharya
5. a) Kumarasambhavam- Mahakavyam of Mahakavi Kalidasa - Acharya Sesaraja Sarma Regmi
- b) Kumarasambhavam - Chaukhambha Sanskrit Granthamala
6. a) Chankya Neethi - Dr. S. Hemalatha
- b) Chankya Neethi - Mahabala Seethalabhavi
- c) Complete Chanakya Neethi - Vishwanatha Sharma and Igen B
7. Shreemanmahabharatha - Bharatha darsana Prakasana
8. Samskritha Vyakarana Sangraha - Vidwan Bailoor Narayana Thantri
9. Roopachandrika - Chaukhambha Sanskrit Pustakalaya

II Semester: BBA

Sanskrit Language Paper-2		
Title - Sanskrit Prose and Grammar		Maximum Marks: 100
1	Introduction to Sanskrit Prose – Selected portions from Sanskrit Prose compositions 1. Dharmanushasanam 2. Sagarakatha 3. Saindhavarajagarvahanam 4. Upayam Chintayet Prajnaha Tatha Apayam Cha 5. Shalyaparva 6. Chanchalalakshmeehi 7. Vidyaya Vindate Amrutam 8. Vyaktiparichayaha : Sri Shankaracharyaha, Sri Madhvacharyaha, Sri Ramanujacharyaha	45
2	Grammar 1. Karakaprakaranam 2. Correction of Sentence Errors 3. Identifying Sandhi 4. Identifying Samasas	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination

1	Translation and Explanation of Gadya	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Identification of Karakas b) Correction of Sentence Errors c) Identification of Sandhi d) Identifying of Samasa	15 of 20	15 x 1=15

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Prose Literature along with Modern Sanskrit Literature.
- It intends to give an understanding of literature, through which students will be able to understand and interpret the Sanskrit Texts.
- Texts from Ramayana, Mahabharatha, Upanishad, Panchatantra, Kadambari etc along with the life histories of Sri Shankaracharya, Sri Madhwacharya, Sri Ramanujacharya are also introduced to enrich the imaginative and creative abilities of the students.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language and Grammar.
- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sandhis, Samasas, Karakas and Correction of Errors.

Prescribed Textbook:

1. Gadyasopanam, Published by Mangalore University Sanskrit Teachers Association

Reference books:

- | | | |
|----------------------------------|---|--|
| 1. Upanishad Bhavadhare | - | Somanathananda |
| 2. Gadya Ramayanam | - | Shivadatha Thripatee |
| 3. Gadya Bharatam | - | Shivadatha Thripatee |
| 4. Panchathantram | - | Vishnusharma |
| 5. Bharathasangraha | - | Lakshmanasoori |
| 6. a) Kadambari | - | Banabhatta |
| b) Banabhattana Kadambari | - | Bannanje Govindacharya |
| 7. Bharathiya Darshana | - | Dr. K Krishnamurthy and N. Ranganatha Sharma |
| 8. Samskritha Vyakarana Sangraha | - | Vidwan Bailoor Narayana Thantri |

MANGALORE UNIVERSITY
NATIONAL EDUCATION POLICY 2020
ABILITY ENHANCEMENT COMPULSORY COURSES (AECC)
LANGUAGES L+T
Board Of Studies in Sanskrit
SYLLABUS FOR SANSKRIT LANGUAGE
UNDER GRADUATE COURSES
CHOICE BASED CREDIT SYSTEM (CBCS)
SEMESTER SCHEME 2021-22 ONWARDS

I Semester : BCA		
Sanskrit Language Paper-1		
Title – Sanskrit Poetry and Grammar		
		Maximum Marks: 100
1	Introduction to Sanskrit Poetry - Selected portions from Sanskrit Poetic Compositions 1. Subhashitaswarasyam 2. Srisadashivanugrahaha 3. Sriramagunavarnanam 4. Upadeshashatakam 5. Dileepasimhasamvadaha 6. Viduropadishtani Moulyani 7. Chamatkarashlokaha 8. Bhaktiyogaha	45
2	Grammar 1. Identifying Namapadas/ Sarvanamapadas 2. Identifying Kriyapadas and Avyayas 3. Change of Voice 4. Sentence Formation	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination			
1	Translation and Explanation of Shlokas	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Choosing the right Namapada/Sarvanamapada b) Choosing the right Kriyapada c) Change of Voice d) Sentence Formation	15 of 20	15 x 1= 15

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Poetry.
- It intends to give an understanding of literature, through which students will be able to understand the poetic nuances. They develop the ability to use language in a descriptive way.
- This course helps students get to know about Subhashitas, Itihasakavya, Mahakavya, Khandakavya, Bhagavadgeete, Upadeshashataka, Bhagavatha Purana etc. and the various Chandas used in Sanskrit Poetry.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language and Grammar.
- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sentence Formation, Namapadas, Sarvanamapadas, Avyayas, Kriyapadas and Change of Voice.

Prescribed Textbook:

1. Padyamouktikam, Published by Mangalore University Sanskrit Teachers Association

Reference books:

1. (a) Subhashitha Rathna Bhandagaram - Enlarged and Re-edited with sources etc by Narayana Rama Acharya 'Kavyatirtha'
- (b) Subhasithagalu - Kannada Sahitya Parishath
2. Shreemad Bhagavathamahapurana - Bharatha darsana Prakasana
3. a) The Ramayana of Valmiki - Wasdev Laxman Sastri Pansikar
- b) Shreemad Valmikiramayanam - Bharatha darsana Prakasana
- c) Shreemad Valmikiramayanam - N Ranganatha Sharma
4. Gumanikavivirachitam Upadeshashathakam - Translation and Explanation by T S Venkanayya
5. a) Raghuvamsa Mahakavyam - C Ramanathan
- b) Mahakavi Shree Kalidasa Virachitam Raghuvamsa Mahakavyam- Sahityacharyaha Shreehara Govinda Mishra
6. Shreemanmahabharatha - Bharatha darsana Prakasana
7. Shreemad Bhagavadgeetha - Swamy Ramasukadas

II Semester: BCA

Sanskrit Language Paper-2		
Title - Sanskrit Prose and Grammar		Maximum Marks: 100
1	Introduction to Sanskrit Prose – Selected portions from Sanskrit Prose compositions 1. Shishyopadeshaha 2. Lankapuridahanam 3. Pashupatastrasampadanam 4. Mandookaha Sarpamadhirohanti 5. Swargarohanaparva 6. Harisharmakatha 7. Shukanasopadeshaha 8. Vyaktiparichayaha : Sri Shankaracharyaha, Sri Madhvacharyaha, Sri Ramanujacharyaha	45
2	Grammar 1. Karakaprakaranam 2. Correction of Sentence Errors 3. Identifying Sandhi 4. Identifying Samasas	15
3	Internal Assessment Tests, Seminars, Assignments	40
4	Teaching hours/week – 4 Total Teaching Hours - 56 CREDITS – 3	

Scheme of Examination

1	Translation and Explanation of Gadya	2 of 3	2X5=10
2	Reference to context	4 of 6	4X3=12
3	Essay Type Questions	4 of 6	4X5=20
4	Short notes (To be answered in Sanskrit only)	1 of 3	1X3=03
5	Grammar (To be answered in Sanskrit only) a) Identification of Karakas b) Correction of Sentence Errors c) Identification of Sandhi d) Identifying of Samasa	15 of 20	15 x 1=15

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Prose Literature along with Modern Sanskrit Literature.
- It intends to give an understanding of literature, through which students will be able to understand and interpret the Sanskrit Texts.
- Texts from Ramayana, Mahabharatha, Upanishad, Panchatantra, Kadambari, Hitopadesha etc along with the life histories of Sri Shankaracharya, Sri Madhwacharya, Sri Ramanujacharya are also introduced to enrich the imaginative and creative abilities of the students.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language and Grammar.
- Grammar is an integral part of a language class, wherein students are trained to speak and write in Sanskrit without errors.
- This semester focuses on Sandhis, Samasas, Karakas and Correction of Errors.

Prescribed Textbook:

1. Gadyamouktikam, Published by Mangalore University Sanskrit Teachers Association

Reference books:

- | | | |
|----------------------------------|---|--|
| 1. Upanishad Bhavadhare | - | Somanathananda |
| 2. Gadya Ramayanam | - | Shivadatha Thripatee |
| 3. Gadya Bharatam | - | Shivadatha Thripatee |
| 4. Panchathantram | - | Vishnusharma |
| 5. Bharathasangraha | - | Lakshmanasoori |
| 6. Harisharmakatha | - | Somadevana Kathasarithsagara |
| 7. a) Kadambari | - | Banabhatta |
| b) Banabhattana Kadambari | - | Bannanje Govindacharya |
| 8. Bharathiya Darshana | - | Dr. K Krishnamurthy and N. Ranganatha Sharma |
| 9. Samskritha Vyakarana Sangraha | - | Vidwan Bailoor Narayana Thantri |

Dr. Nagaraj B,
Chairperson BOS,
Mangalore University, Konaje

MANGALORE UNIVERSITY

**COURSE PATTERN AND SCHEME OF EXAMINATION FOR ALL UG
COURSES AS PER NEP -2020**

SUB: LANGUAGE SANSKRIT

ABILITY ENHANCEMENT COMPULSORY COURSE

**COURSE PATTERN AND SCHEME FRAMED UNDER NATIONAL
EDUCATION POLICY-2020**

I and II Semesters

**BOARD OF STUDIES IN SANSKRIT
MANGALORE UNIVERSITY,
MANGALAGANGOTHRI - 574199**

Course Pattern and Scheme of Examination for all UG Courses as per NEP 2020

(2021-22 and onwards)

Subject : Language Sanskrit

Sl. No.	Semester	Title of the Paper	Teaching hours L+T	Hours Per week	Examination Pattern Max/Min Marks			Duration of Exam	Total marks	Credits
					Theory		I.A			
					Max	Min				
1	I	Sanskrit Poetry and Grammar	56	4	60	21	40	3 Hours	100	3
2	II	Sanskrit Prose Literature and Grammar	56	4	60	21	40	3 Hours	100	3

Ability enhancement Compulsory course (AECC) and Open Elective (OE)

Scheme of Internal Assessment Marks : Theory

Sl. No.	Particulars	IA Marks
1	Internal Tests , Assignments, Seminars	40
TOTAL Theory IA Marks		40

Dr. Nagaraj B
Chairperson BOS

MANGALORE UNIVERSITY

DISCIPLINE ELECTIVE/OPEN ELECTIVE

Three credits each

UNDER GRADUATE

BA/B.Sc/B.Com/BSW/BCA/BBA

Syllabus framed under National Education policy-2020

SYLLABUS

For the year 2021-2022 and onwards

Discipline Electives/

Open electives for all UG Courses

I & II SEMESTERS

**BOARD OF STUDIES IN SANSKRIT
MANGALORE UNIVERSITY,
MANGALAGANGOTHRI – 574199.**

MANGALORE UNIVERSITY
NATIONAL EDUCATION POLICY 2020
Discipline Elective / Open Elective Courses in Sanskrit
I Semester – BA/B.Sc./B.Com/BSW/BCA/BBA and other UG Courses
Title: Samskruta Bhasha Parichaya tatha Kathasahitya

Semester	Discipline Elective (DSE) / Open Elective (OE) –OE- 1 (3) Credits	Marks	Credits
I	Samskruta Bhasha Parichaya tatha Kathasahitya 1. Samskruta Bhasha Parichaya 2. Samhathihi Karyasadhika – Panchathantram 3. Ouchityaprajna tatha Sanmitrata 4. Puranalokasya Balakou 5. Pratyutpannamatitvam	60	3
	Continuous Evaluation: Assignment, Internal Test, Creative Writing	40	
	Total Teaching hours/week – 3 Total Teaching Hours - 42	100	3

Scheme of Examination

1. Multiple choice question	15 of 20	15x1=15
2. Essay type Question	3 of 5	3x8=24
3. Question Formation	5 of 8	5x1=05
4. Match the Following		5x1=05
5. Fill in the blanks	5 of 7	5x1=05
6. Translation –From Sanskrit to Kannada / English	6 of 7	1x6=06

Learning Outcomes:

- This course aims to get the students acquainted with Sanskrit Language.
- Students who do not have any knowledge about Sanskrit would also be able to learn the language from scratch and understand.
- It intends to give an understanding of literature, through which students will be able to understand and interpret the Sanskrit Texts.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language.

Books for study & Reference:

1. Sanskruthabhashadeepika - Shrisurasaraswati Sabha Sringeri
2. Panchathantram - Vishnusharma
3. Upanishad Bhavadhare - Sri Somanathananda
4. Vijnanaprasoonam - Mangalore University Sanskrit Teachers' Association
5. Nirvahanasopanam - Mangalore University Sanskrit Teachers' Association

Discipline Elective / Open Elective Courses in Sanskrit
II Semester – BA/B.Sc./B.Com/BSW/BCA/BBA and other UG
Courses Title: Vyavaharika Samskrutam tatha Jeevanamoulyani
(Functional Sanskrit and Moral Values)

Semester	Discipline Elective (DSE) / Open Elective (OE) –OE- 1 (3) Credits	Marks	Credits
I	Vyavaharika Samskrutam 1. Introduction to reading, writing and speaking skills in Sanskrit 2. Upadeshashatakam (15 Shlokas) 3. Sugreevasakhyam (25 Shlokas) 4. Dinacharya	60	3
	Continuous Evaluation: Assignment, Internal Test, Creative Writing, Conversation in Sanskrit	40	
	Total Teaching hours/week -3 Total Teaching Hours - 42	100	3

Scheme of Examination

1. Multiple choice question	15 of 20	15x1=15
2. Essay type Question	3 of 5	3x8=24
3. Question Formation	5 of 8	5x1=05
4. Match the Following		5x1=05
5. Fill in the blanks	5 of 7	5x1=05
6. Translation –From Sanskrit to Kannada / English	6 of 7	1x6=06

Learning Outcomes:

- This course aims to get the students acquainted with Sanskrit Language.
- The course also seeks to help the students communicate fluently in Sanskrit.
- Students who do not have any knowledge about Sanskrit would also be able to learn the language from scratch and understand.
- It intends to give an understanding of literature, through which students will be able to understand and interpret the Sanskrit Texts.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.

Books for study & Reference:

1. a) Samskrutaswadyayaha Prathama Deeksha Sambhashanam – Edited by Vempati Kutumbashastry,
published by Rashtriya Samskruta Samsthanam, New Delhi
b) Vyavaharasaahasri – Samskruta Bharathi
2. a) The Ramayana of Valmiki - Wasdev Laxman Sastri Pansikar
b) Shreemad Valmikiramayanam - Bharatha darsana Prakasana
c) Shreemad Valmikiramayanam - Vidwan N Ranganatha Sharma
3. Vijnanaprasoonam - Mangalore University Sanskrit Teachers' Association
4. Astangahrudayam - Vagbhatacharyaha

MANGALORE UNIVERSITY

DISCIPLINE CORE COURSE

Three credits each

UNDER GRADUATE

BA (Basic/Hons.)

(for subjects without practicals with two major)

Syllabus framed under National Education policy-2020

SYLLABUS

For the year 2021-2022 and onwards

I & II SEMESTERS

**BOARD OF STUDIES IN SANSKRIT
MANGALORE UNIVERSITY,
MANGALAGANGOTHRI - 574199**

Discipline Core Course in Sanskrit/ Discipline Elective/ Open Elective

I Semester Bachelor of Arts (Basic/ Hons.)

(for subjects without practicals with two major)

B.A. (With Sanskrit major)

Discipline Core (DSC) (L+T+P)	Max Marks		Discipline Elective (DSE) / Open Elective (OE)	Max Marks	
	Theory	IA		Theory	IA
Gadyakavyam C1(3)- Classical Sanskrit Literature Candraapeeda Digvijaya Total Hours/Week – 3 Total Teaching Hours - 42	60	40	OE-1 (3) Samskruta Bhasha Parichaya tatha Kathasahitya	60	40
Padyakavyam C2(3)- Raghuvamsha 6th Canto of Kalidasa Total Hours/Week – 3 Total Teaching Hours - 42	60	40			

Scheme of Examination

1	Translation and Explanation of Gadya	2 of 3	2X5=10
2	Reference to context	5 of 7	5X3=15
3	Essay Type Questions	2 of 4	2X8=16
4	Short notes (To be answered in Sanskrit only)	2 of 3	2X3=06
5	Short notes in Kannada	2 of 3	2X4=08
6	One Mark Questions	5 of 8	5X1=05
	Total Marks		60

Scheme of Internal Assessment Marks

Sl. No.	Particulars	IA Marks
1	Internal Tests , Assignments, Seminars	40
	Total IA Marks	40

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Poetry and Classical Sanskrit Prose Literature.
- It intends to give an understanding of literature, through which students will be able to understand the poetic nuances and texts. They develop the ability to use language in a descriptive way.
- An excerpt from Bana's Kadambari is introduced which enables the students study in depth about Sanskrit Literature.
- This course also helps students get to know about Mahakavyas, Kalidasa and Raghuvamsha, and the various Alankaras, Chandas used in Sanskrit Poetry.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language.

Books for study & Reference:

1. History of Sanskrit Literature - Krishnamacharya
2. Chandrapradigvijayaha - Dr. T.S.Krishnamoorthy
3. Kadambari of Bana - M.R.Kale
4. Samskritha Kavi Charithre - Sampath Ayyangar
5. Samskritha Sahitya Ithihasa - Baladevananda Upadhyaya; translated by Ramachandra Shastri
6. Bhashashastra mattu Samskritha Sahitya Charithre - Dr. K Krishnamurthy, Vidwan Ranganath Sharma and Siddalingayya
7. a) Raghuvamsa Mahakavyam - C Ramanathan
b) Mahakavi Shree Kalidasa Virachitam Raghuvamsa Mahakavyam- Sahityacharyaha Shreehara Govinda Mishraha

Discipline Core Course in Sanskrit/ Discipline Elective/ Open Elective

II Semester Bachelor of Arts (Basic/ Hons.)

(for subjects without practicals with two major)

B.A. (With Sanskrit major)

Discipline Core (DSC) (L+T+P)	Max Marks		Discipline Elective(DSE) / Open Elective (OE)	Max Marks	
	Theory	IA		Theory	IA
C3 (3)- Champookavyam Introduction of Champoo Literature Champooramayanam - Balakandam Total Hours/Week – 3 Total Teaching Hours - 42	60	40	OE-1 (3) Vyavaharika Samskrutam tatha Jeevanamoulyani	60	40
C4 (3)-Natakam History of Sanskrit Drama Bhasavirachitam Swapnavasavadattam Total Hours/Week – 3 Total Teaching Hours - 42	60	40			

Scheme of Examination			
1	Translation and Explanation of Gadya/Shloka	2 of 3	2X5=10
2	Reference to context	5 of 7	5X3=15
3	Essay Type Questions	2 of 4	2X8=16
4	Short notes (To be answered in Sanskrit only)	2 of 3	2X3=06
5	Short notes in Kannada	2 of 3	2X4=08
6	One Mark Questions	5 of 8	5X1=05
	Total Marks		60

Scheme of Internal Assessment Marks

Sl. No.	Particulars	IA Marks
1	Internal Tests , Assignments, Seminars	40
	Total IA Marks	40

Learning Outcomes:

- This course aims to get the students acquainted with Classical Sanskrit Literature.
- It intends to give an understanding of literature, through which students will be able to understand the poetic nuances and texts. They develop the ability to use language in a descriptive way.
- An excerpt from Champuramayana is introduced which enables the students study in depth about Champu Kavyas in Sanskrit Literature. Champu Kavyas are a beautiful blend of Prose and Poetry in Sanskrit Literature which not only reflect poetic excellence but also depicts contemporary society and highlights human values.
- This course also helps students get to know about Classical Sanskrit Dramas, Bhasa and Swapnavasavadatta. Popular Classic Dramas in Sanskrit Literature not only reflect Prose and Poetic excellence, but the students also learn the theoretical aspects related to the production of the play. The concepts like Rasa, Bhava, Abhinaya are blended into the teaching- learning of the play.
- The study of Ancient Indian Literature would enable students gain moral values and life values which can be incorporated into their daily lives.
- The course also seeks to help the students negotiate the text independently with the help of proficiency in Sanskrit Language.

Books for study & Reference:

- | | | |
|---|---|--|
| 1. Bhashashastra mattu Samskritha Sahitya Charithre | - | Dr. K Krishnamurthy,
Vidwan Ranganath Sharma
and Siddalingayya |
| 2. Champoo Ramayanam | - | Chaukhambha Sanskrit
Granthamala |
| 3. Champoo Ramayanam | - | Dr. Mahesh Adakoli |
| 4. Bhasanatakachakram | - | Baladevananada Upadhyaya |
| 5. Swapnavasavadatam | - | Dr K Krishnamoorthy
Dr B R Modaka
Dr D N Shanbaga |
| 6. Samskruta Nataka | - | A.R.Krishnashastri |
| 7. History of Sanskrit Drama | - | A.B.Keith |
| 8. Sanskrit Drama | - | S.R.Leela |

Dr. Nagaraj B,
Chairperson BOS,
Mangalore University, Konaje

MANGALORE UNIVERSITY

SKILL ENHANCEMENT COURSE (SEC)

Two credits each

UNDER GRADUATE

BA/B.Sc./B.Com/BSW/BCA/BBA and other UG Courses

Syllabus framed under National Education policy-2020

SYLLABUS

For the year 2021-2022 and onwards

I & II SEMESTERS

**BOARD OF STUDIES IN SANSKRIT
MANGALORE UNIVERSITY,
MANGALAGANGOTRI - 574199**

I Semester – BA/B.Sc./B.Com/BSW/BCA/BBA and other UG
Courses Title: Digital fluency – Sanskrit’s Computer literacy

Semester	Topics	Marks	Credits
I	1. Digital fluency –Sanskrit’s Computer literacy 2. Basic Computer Skills in Sanskrit/Conversation in Sanskrit 3. Devanagari (Sanskrit) typing	30	2
	Continuous Evaluation: Assignment, Internal Test, Creative Writing, Conversation in Sanskrit	20	
	Total Teaching hours/week -2 Total Teaching Hours - 28	50	2

Learning Outcomes:

- This course aims to get the students acquainted with Digital Fluency in Sanskrit.
- It intends to give an understanding of Sanskrit Devanagari typing, enabling the students type easily in Sanskrit which would also help students learn typing in other Indian Languages.
- The course also seeks to help the students communicate fluently in Sanskrit.

Reference:

Digital resources: www.archieve.org or <https://www.wikipedia.org>

II Semester – BA/B.Sc./B.Com/BSW/BCA/BBA and other UG Courses
Title: Health & wellness/social & emotional learning/yoga and Ayurveda

Semester	Topics	Marks	Credits
II	1. Astangayogaha 2. Dinacharya 3. Ayurvedasubhashithani	30	2
	Continuous Evaluation: Assignment, Internal Test, Creative Writing, Conversation in Sanskrit	20	
	Total Teaching hours/week -2 Total Teaching Hours - 28	50	2

Learning Outcomes:

- This course aims to get the students acquainted with Health and Wellness concepts depicted in Sanskrit Language.
- Excerpts from Patanjali's Yogashastra, Vagbata's Ashtangahrudaya and Ayurveda Subhashitas from Charaka and Sushruta are introduced which enables students to understand concepts like Yoga and Ayurveda depicted in the mentioned texts.
- The study of this course helps students incorporate the learnings from these texts and in turn maintain good health and increase concentration. This ensures the overall well-being of an individual.

Reference:

- | | | |
|-----------------------------------|---|------------------------------|
| 1. Vaidyakiya Subhashitha Sahitya | – | Dr. Bhaskar Govinda Ghanekar |
| 2. Pathanjalyogadarshanam | – | Swamy Adidevananda |
| 3. Astangahradayam | - | Vagbhatacharyaya |