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## **Besant Women's College**

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(Sponsored by Women's National Education Society) Re-Accredited by the NAAC with 'B+' Grade

## 7.2.1

## Best Practice No. 1

TITLE: "WOMEN EMPOWERMENT THROUGH SKILL DEVELOPMENT"

**OBJECTIVES:** 

 To empower women with entrepreneurial and employability skills

THE CONTEXT:

Majority of the students come from socio-economically disadvantaged backgrounds, gaining new skills make them confident and resourceful.

THE PRACTICE:

The college conducted Workshops, training programmes , interviews, Interactions, Presentations, nutritional assessment, outreach programs, Certificate courses, demonstrations, video display and low cost ingredient's survey.

EVIDENCE OF SUCCESS:

- Exhibition cum sale, orientation on competitive exams, CPBFI certificate programme by Bajaj Finserv Ltd., Pune.
- Participation in Jota Air Programme.
- Mehandi startup business workshop.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

Financial crunch for programmes on a large scaleRetaining rural students beyond Class hours.



MANGALORE - 575.00

Best Practice No. 2

TITLE:

"Free Mid-Day Meal Facility"

**OBJECTIVES:** 

- To provide free midday meals to the needy and deserving students of the rural area.
- To provide free midday meals to the deserving students on all working days.
- To see that student should not remain in empty stomach during the noon hours in the College.
- To facilitate the students who come from rural area.

THE CONTEXT:

 Majority of the students of the institution are from economically weak background. Most of the parents of our students are daily wage earners and their income is very less. Some students come from interior place and have to leave their home early morning. Students find it difficult to bring lunch box. Many of our PTA Members and old students donate money for this noble cause. In this context, the institution has taken an initiative to provide free midday meals to the needy and deserving students.

THE PRACTICE:

- Majority of the students come from remote distant places.
- Most of the students attend classes either with limited food or empty stomach.
- Some students come to College with empty stomach because of the health condition of their parents, who find it difficult to prepare breakfast in the early morning.
- Many students are availing the benefits of the programme every year.



MANGALORE - 5750

## EVIDENCE OF SUCCESS:

- The evidence of the success of the Free Mid-day Meal can be judged from the interest and the enthusiasm shown by the students to join the scheme.
- The academic excellence of the students who are provided midday meals is increasing.
- Contribution of the old students for the success of this scheme is remarkable.

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

- Free midday meal has to be limited to few students because of the shortage of funds.
- More funds are required for the complete success of this scheme.
- Limited resource is the main constraint for the success of free midday meals.



Besant/Women's Colle MANGALORE - 575 00